Dear Residents,

This year, the Muslim month of fasting Ramadan runs from **23.04.2020 to 23.05.2020**.

For the protection of all residents, the following existing bans apply also during Ramadan:

1) **General ban on contact**: You may only be in public in twos or with persons from your own household.
2) **No visitors are allowed in the accommodation**: It is forbidden to have visitors in the accommodation or to visit people from other accommodation facilities.
3) **Ban on gatherings in the accommodation**: It is forbidden to gather with more than five people in private rooms of the shared accommodation.

Due to the current coronavirus pandemic, the following should also be noted especially for the fasting period:

- The mosques in the district are still closed. There will be no public breaking of the fast this year.
- Please also refrain from all private gatherings to break the fast together. Break the fasting alone in your room or with the people you already share the room with.
- Please also refrain from cooking together and try to prepare the meals alone.
- Please prepare the food for your daily *iftar* also in the morning and at noon, in order to avoid groups of people gathering in the evening at the same time in the communal kitchen.
- Please pay special attention to the existing hygiene regulations in the kitchen and wash everything well with water and detergent before and after you use it.
- Stay safe and look after your health. If you feel ill and tired, you may also consider having some days of fasting at a later date.

Thank you for your understanding and compliance with the above rules and instructions. **We want you all to stay healthy!**